



# GREEN FIELDS SCHOOL

## **SUMMER HOLIDAYS HOMEWORK (2026-27)**

**THEME: Think Big • Build Smart • Explore More**

**TOPIC: Eco Warriors: Designing a Better Planet**

### Class-VII

Our planet is full of beauty, resources and life, but it also faces many environmental challenges such as pollution, deforestation and climate change. As young thinkers and future leaders, students have the power to bring positive change through creative ideas and responsible actions. Under the theme “Think Big • Build Smart • Explore More” and the topic “Eco Warriors: Designing a Better Planet,” students will become eco-warriors who imagine smarter ways to protect nature, conserve resources and create a greener future. Through hands-on activities, research and innovation, they will explore how small ideas can grow into big solutions for a healthier and more sustainable world.



### General Instructions for Students.

- Do community services like, ‘Each One Teach One’ during holidays and Click pictures.
- Observe the World Environment Day on 5th June-‘Clean today, Green Tomorrow’: As a part of SEWA activity, undertake a cleanliness drive by selecting any nearby park, bus stop, metro station or colony area and click photo.

### WEEKEND CLEANLINESS TASK FOR STUDENTS.

| Weekdays                                   | Task   |
|--|--|
| 1 <sup>st</sup> -5 <sup>th</sup> June’26   | Clean up your cupboards                                |
| 8 <sup>th</sup> -12 <sup>th</sup> June’26  | Clean your room  |
| 15 <sup>th</sup> -19 <sup>th</sup> June’26 | Clean your book rack & study table                     |
| 22 <sup>nd</sup> -26 <sup>th</sup> June’26 | Washing utensils                                       |
| Every Saturday                             | Maintain personal hygiene-trim nails, polish shoes etc |
| Every Sunday                               | Dusting of the living room.                            |

- Take ‘Before & after’ photos to be displayed on the School Bulletin Board.
- Revise for the PT1 as per schedule shared.
- Help your parents in small household chores like cleaning the cupboards, watering the plants, making the bed, etc. It is an opportunity for you to show your love, concern and support to your parents who had been taking care of you during the course of the Academic Year.
- Click photos while performing yogasanas and preparing special dishes with your mother and share it with your Class Teacher.



**HAPPY HOLIDAYS!!**

**ENJOY YOUR SUMMER BREAK**

**School reopens on 01<sup>st</sup> July,2026 (Wednesday)**

| SNO | SUBJECT  | HOMEWORK  |
|-----|--|---|
| 1   | <p><b>ENGLISH</b></p> <p>“Words have the power to inspire”</p> | <p><b>1. Think Big – “My Big Idea”</b><br/>Task: Write a paragraph (80-100 words) on this prompt:<br/>“If I could invent one thing to make my city or country better, what would it be?”</p> <p><b>OR</b></p> <p><b>Explore More – “Interview with an Explorer”</b><br/>Task: Imagine you interviewed a famous explorer, scientist, or even your grandparent about a place they explored.<br/>Write the interview in dialogue form, 10-12 exchanges.<br/>Include: 3 things they discovered, 1 challenge they faced, 1 lesson for today’s kids.<br/><b>Note:</b> Use quotes, headings, and drawings to make it eye-catching. Submit as a small handmade booklet titled with the theme.</p> <p><b>2. Learn a poem of your choice on any of the given themes</b></p> <ul style="list-style-type: none"> <li>● Friendship</li> <li>● Confidence</li> <li>● Patriotism</li> </ul> <p><b>3. Read MCB Unit 2- Where Learning Begins- Section 1 - The Atlantis and Section 2- The Diary of a Space Traveller. Underline the difficult words, refer a dictionary for their meanings and write them down in a scrap book. Choose any ten words and frame meaningful sentences using them. Present your work creatively and beautifully.</b></p> <p><b>4. Practice one page of neat handwriting daily using your previous year’s empty notebook.</b></p> |
| 2   | <p><b>HINDI</b></p> <p>“भाषा विचारों की अभिव्यक्ति है।”</p>    | <p>1. छुट्टियों के दौरान आपने कौन-सी नई बातें सीखी (जैसे खाना बनाना, बागवानी, खेल, कला) – उसका विवरण कॉपी में लिखें।</p> <p>2. कोई पांच भक्तिकालीन कवियों का चित्र लगाकर उनकी प्रसिद्ध कृतियों पर एक आकर्षक विवरणिका तैयार करें।</p> <p>3. गर्मी की छुट्टियों में नैतिक शिक्षा से संबंधित प्रतिदिन एक कहानी पढ़ें एवं पढ़ी हुई किसी एक कहानी के लेखक का नाम के साथ उनसे मिली शिक्षा को अपनी कॉपी में लिखें।</p> <p>4. प्रतिदिन एक सुलेख लिखिए। (पुरानी उत्तर पुस्तिका का प्रयोग कर सकते हैं)</p> <p>5. सिक्किम के पारंपरिक पोशाक ' बाखु ' एवं लोक नृत्य ' मारुनी ' या ' तमांग सेलो ' को चित्र द्वारा दर्शाते हुए एक आकर्षक कोलाज बनाइए। (A4 size sheet)</p>   |
| 3   | <p><b>MATHS</b></p>  | <p><b>1. “CARBON FOOTPRINT CALCULATOR”</b><br/>Observe your family’s weekly habits.<br/>Record and maintain a score table:<br/>Activity</p>   |

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|---|---|--|
|   | <p>“Numbers shape the world around us.”</p>                             | <p><b>Integer Score table:</b><br/> Planting a tree. +10<br/> Using bicycle. +5<br/> Saving electricity. +6<br/> Using plastic bags. –3<br/> Car travel. –5<br/> Recycling waste. +4<br/> Calculate your eco integer score and prepare a pictograph (choose symbol and scale of your own)for it daily for a week.<br/> Try to increase your Eco integer score and repeat the same for next week.<br/> 2.Learn tables from 12 to 19 and properties of integers<br/> 3.Complete the Computational Thinking Worksheet<br/> <a href="https://docs.google.com/document/d/1pKpRy4cWE9Hel4b36dK0PoGb6mTlqhBZ/edit?usp=drive_link&amp;oid=106194178357900893142&amp;rtpof=true&amp;sd=true">https://docs.google.com/document/d/1pKpRy4cWE9Hel4b36dK0PoGb6mTlqhBZ/edit?usp=drive_link&amp;oid=106194178357900893142&amp;rtpof=true&amp;sd=true</a><br/> 4. Register yourself with LogIQids.Solve the worksheets &amp; submit the completed record.</p>  |
| 4 | <p><b>SCIENCE</b></p> <p>“Explore, experiment, discover.”</p>           | <p>1. Create a <b>working or non-working model</b> individually with simple ecofriendly household materials.<br/> <b>Choose Any ONE Theme:</b></p> <ul style="list-style-type: none"> <li>● Smart City/ future schools(Roll no 1-10)</li> <li>● Eco-friendly Transport system(Roll no 11-20)</li> <li>● Space Exploration(Roll no 21-30)</li> <li>● Water or Energy Conservation(Roll no 31-40)</li> </ul> <p style="text-align: center;"><b>OR</b></p> <p>Prepare a power point presentation of your choice on any topic from your science book.</p> <p>2. Draw well labelled and colourful diagrams of the following on A4 size sheet. Digestive System, Stomata, Photosynthesis, Respiration.</p> <p>3. Do any two interesting, fun- filled experiments at home with household materials. Record your observations in the science practical file under the following heads.</p> <p>* Aim<br/> *Material required<br/> *Procedure<br/> *Observation<br/> *Conclusion<br/> *And related diagram</p> |
| 5 | <p><b>SOCIAL SCIENCE</b></p> <p>“Learn the past, build the future.”</p> | <p><b>Case study:</b> Choose any two environmental warriors of India and write about their contribution to the environment in a scrapbook. Write about any two environmentalists you select and paste relevant photos of their contributions. For Example:</p> <ul style="list-style-type: none"> <li>● 1. Sunder Lal Bahuguna - Chipko Movement Leader</li> <li>● 2. Vandana Shiva- Environmental Activist</li> <li>● 3. Ramdeo Mishra- Father of Ecology</li> <li>● 4. Rakesh Khatri-Nest Man of India</li> </ul> <p>Make an attractive file cover for your report using recyclable materials.</p>   |

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|    |  | <b>MapWork:</b> On an outline map of India mark any five Natural Heritage-National parks or Wild life sanctuaries of India.  |
| 7  | <b>COMPUTER</b><br>“Think smart, create smarter.”          | Title: Gadgets Saving the Planet<br>Task: Create a short, 5-slide presentation on how modern gadgets are becoming eco-friendly.<br>Slide Structure:<br>Slide 1: Title Slide (Your Name, Class, and Theme)<br>Slide 2: The Problem (E-waste and high energy use)<br>Slide 3: Innovation 1 (e.g., Solar-powered phone chargers)<br>Slide 4: Innovation 2 (e.g., Laptops made from recycled ocean plastic)<br>Slide 5: Conclusion (A simple tip on how students can save energy while using computers)  |
| 8  | <b>SANSKRIT</b><br>“संस्कृतम् ज्ञानस्य मूलम्।”             | 1. संस्कृत-श्लोक-संग्रहः<br>प्रकृतिविषये त्रयः श्लोकाः लिखत एवं कण्ठस्थं कुरुत। A4 size sheet<br>2. वृक्षारोपणस्य महत्त्वम् लिखत। Or समय सदुपयोगस्य महत्त्वम् लिखत (A4 size)<br>3. शब्दरूप /धातुरूप स्मरन्तु।  |
| 9  | <b>ART</b><br>“Creativity takes courage.”                  | <b>Task A :</b> To prepare a DIORAMA<br><ul style="list-style-type: none"> <li>To use waste materials like cardboard to build a diorama showing the use of small steps to bring big changes in environment to make our Earth a better Planet.</li> <li>To use only eco-friendly materials</li> <li>To create the background – paint, draw or use images to create a scene on the background.</li> </ul> <b>Task B :</b> To prepare a poster on the theme - Eco Warriors : Designing a Better Planet.<br><ul style="list-style-type: none"> <li>To illustrate in the art file.</li> <li>To make the art work colourful and attractive.</li> <li>To add slogan to make it more informative.</li> </ul> |
| 10 | <b>YOGA</b><br>“Healthy mind, healthy body.”               | 1. Practice 5 rounds of Surya Namaskar daily.<br>2. Do Anulom Vilom Pranayam for 5 minutes<br>3. Practice 5 Asanas daily including forward bending. Backward bending and balancing Asanas.   |
| 11 | <b>Kaushal Bodh</b><br>“Skill education builds confidence” | Prepare 6 plain white handkerchiefs of size 12×12 inches (30×30 cm) with different tie and dye designs using colours. Submit neatly with name and class.   |

